

# CPD: COSHH

## Course overview

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COSHH stands for Control of Substances Hazardous to Health. The regulations around COSHH help to limit and control exposure to hazardous substances

This course is ideal for learners on Childcare, Health and Social Care courses or those who care for and move a family member.

## What will I study?

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You will:

- Explore why COSHH is important
- Explore the impact hazardous substances can have on health
- Identify harmful substances in the workplace or home
- Be able to work with hazardous substances safely and effectively in a way that is appropriate to your work
- Be able to explain legislation, guidelines and policies

## Assessment method

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You will participate in mini quizzes e-activities to demonstrate understanding. You will and receive verbal support from the tutor throughout the course.

## Entry requirements

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You may be on one of our qualifications courses or have a serious interest in the subject.  
You will need a solid understanding of English.

## What should I bring with me?

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You will need to provide your chosen method of note-taking such as notepad & pen or tablet.

## Key information

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## Possible next steps

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During this course, you will be given advice and guidance on other suitable CPD, Wellbeing courses or wider courses.

## Contact us

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Our friendly staff can give you further advice and support.



email: [adultcollegeenquiries@lbbd.gov.uk](mailto:adultcollegeenquiries@lbbd.gov.uk)



call: 020 8270 4722