

# CPD: Establishing Professional Boundaries

## Course overview

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Sometimes the boundaries between professional and student / client / parent / child are or can become blurred. This can be especially the case in support roles such as care work, teaching and running community groups. When these boundaries become blurred, we can become overly personally involved and can end up taking on more than we should. Join us and learn how to establish and maintain healthy, trusting professional relationships.

This workshop is essential for learners who are currently studying on a vocational course with the college or who support community groups..

## What will I study?

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You will:

- Discuss why boundaries are important
- Identify the sorts of boundaries your situation requires
- Explore how to create and maintain a professional and appropriate relationships
- Discuss how to put boundaries in place in an existing un-boundaried relationship

## Assessment method

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You will participate in Q&A sessions and discussions and receive verbal feedback from the tutor throughout the workshop.

## Entry requirements

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You will need a solid understanding of English.

You may be on one of our vocational courses or are in a professional role.

## What should I bring with me?

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You will need to provide your chosen method of note-taking such as notepad & pen or tablet.

## Key information

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## Possible next steps

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During this course, you will be given advise and guidance on other suitable CPD, Wellbeing courses or wider courses.

## Contact us

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Our friendly staff can give you further advice and support.



email: [adultcollegeenquiries@lbbd.gov.uk](mailto:adultcollegeenquiries@lbbd.gov.uk)



call: 020 8270 4722