

CPD: Assisting and moving People and Objects in social Care

Course overview

This is a facilitated online course which you can progress on at your own pace.

The course contains the latest guidance to reduce the risk of harm to yourself or others when moving or handling people or objects.

This course is ideal for learners on Childcare, Health and Social Care courses or those who care for and move a family member.

What will I study?

You will:

- Discover how to move and position individuals
- Identify what equipment is required within the job role as well as how to move and handle it,
- Explore how to minimise risks before moving people and objects
- Be able to explain legislation, guidelines and policies

Assessment method

You will participate in mini quizzes e-activities to demonstrate understanding. You will and receive verbal support from the tutor throughout the course.

Entry requirements

You may be on one of our qualifications courses or have a serious interest in the subject.

You will need a solid understanding of English.

What should I bring with me?

You will need to provide your chosen method of note-taking such as notepad & pen or tablet.

Key information

Possible next steps

During this course, you will be given advice and guidance on other suitable CPD, Wellbeing courses or wider courses.

Contact us

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk



call: 020 8270 4722