

Wellbeing - Upcycling Crafts for Summer Break

Course overview

Play and creativity are important for child development. Many parents and carers are also supporting children and young people to become more sustainable. Upcycling is one way to do that. Upcycling is the act of taking something no longer in use and giving it a second life and new function. It allows us to enable a child's creativity and development to flourish with little to no money spent. This is especially important in today's economic situation.

This course will give you ideas of low-cost crafts, activities and larger projects that you can do with your children. The course develops ideas and larger projects than the Upcycling Crafts For Half Term courses but you do not need to have attended any of the previous courses.

What will I study?

You will:

- Discuss the benefits of upcycling
- Share experiences of upcycling
- Explore what materials can be used
- Identify common items that can be upcycled
- Look at different upcycling activities you can do with children of different ages which are seasonally appropriate

Assessment method

You will participate in activities, discussions, Q&A and receive verbal feedback from the tutor throughout the workshop and put into practice the principles covered.

Entry requirements

This course is open to all.

What should I bring with me?

You will need to provide your chosen method of note-taking such as notepad & pen or tablet.

Key information

Possible next steps

During this course, you will be given advice and guidance on other courses suitable for you and your personal goals

Contact us

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk



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