

Wellbeing: Learn to Read a Sewing Pattern

Course overview

One you are familiar with your sewing machine many people want to go on to create more complex items which require a pattern. Sewing patterns often have notations and options which are hard to understand. In this workshop you will learn to read a sewing pattern and understand what the symbols and different lines mean. You will use this knowledge to sew a practice item.

What will I study?

You will:

- Identify the meaning / instruction of different pattern notations
- Recap the basics of safely using a sewing machine
- Use a pattern to cut and sew a practice item

Assessment method

You will participate in discussions, Q&A and sewing activities and will receive support from the tutor throughout.

Entry requirements

This course is open to all. The ability to follow instructions given in English is essential.

What should I bring with me?

You can bring 1 yard (or 1 metre) of fabric of your choice. This could be new or upcycled from a sheet or pillow case. Please also bring a pen and you may like to bring your chosen method of note-taking such as notebook or tablet.

Key information

Possible next steps

During this course, you will be given advice and guidance on other courses suitable for you and your personal goals.

Contact us

Our friendly staff can give you further advice and support.



email: adultcollegeenquiries@lbbd.gov.uk



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